

## Melissa Theobald Barrett, MD

**GOSHEN** - Melissa Theobald Barrett, MD (70), died at home on March 26, surrounded by her husband and family following a valiant battle with breast cancer. A native of New Orleans, LA, Dr. Barrett completed medical school at Tulane University, residency in Wooster, MA and practiced Internal Medicine in Louisville for over 35 years. She loved the devoted team she worked with and the patients they served. Dr. Barrett volunteered for many years at the Hope Clinic and was proud to serve pilots in alcohol & drug recovery as a physician for the HIMS program.



Melissa loved travel and adventure. She was an outdoor athlete whose pursuits included dragon boat competition, skiing, sailing, scuba diving, tennis, hiking, long walks on the beach, gardening, and dancing. Her musical tastes ranged from opera to zydeco. Her trips to the New Orleans Jazz & Heritage Festival were often shared with family and friends, providing an opportunity to reconnect with former classmates in her hometown.

Melissa was preceded in death by her parents Joe and Peggy (Cox) Barrett and her sister Susan Chambers. Left to cherish her memory are Melissa's husband Mitch Shirrell, and family Ben (Lauren) Shirrell, Elizabeth (Neba Agarwal) Shirrell, and Michelle "Shelley" Troyer. Melissa was delighted by time spent with grandchildren Tommy, Ila, Case, Rhett & Wesie Shirrell and Bodhi Troyer. She loved them all fiercely.

Survivors include her beloved Uncle Ted Cox (Diane), siblings Sean (Nancy) Barrett, Brandy Everts, Tim (Kristine) Barrett and brother-in-law Austin Chambers. Melissa was especially close to her cousins Patti Wiemers (Jim), Joe Carroll (Ben), Ted Cox, Jr. (Britt), and all of her nieces and nephews.

Services for Dr. Barrett will be held on May 12, at St Matthews Episcopal Church, 300 N. Hubbards Ln. Louisville KY. Visitation will be in Saints Hall from 3:00-5:00, followed by Funeral Services at 5:00 with burial afterward in the memorial garden.

Melissa's family would like to express their gratitude to Michael Kommer, MD and his amazing Baptist Health team for their compassionate care. Thanks also to Melissa's caregivers, Caroline and Amber of Caroline Feller, LLC, for their attentive help and instruction during her illness.

In lieu of flowers, please consider contributions to the Derby City Dragons, Wellspring Mental Health Services, Yew Dell Gardens, or a charity of your choice.

Cremation Society  
of Kentucky

*9 April 2023, Louisville, Kentucky*

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